

Carlijn Elise Kam

Hello there! I am Carlijn and I am 17 years old. I currently live in Portugal and study the IB at Oeiras International School (OIS) where I will graduate in May of 2025. My journey of participating in the *Duke of Edinburgh* programme I started in September of 2021 with my Bronze Level, and I hope to achieve the Gold Level in the beginning of 2025. I am applying to be a Duke Edinburgh ambassador because I love the program and want to encourage other to share the experience and accomplishment I have felt.

Experiences

Oxford Summer Camp - July 3, 2022, to July 16, 2022: I attended this camp to extend my scientific understanding of engineering. I participated in labs, experiments and lectures over the course of 2 weeks.

Sailing: I am an accomplished sailor with 2 seasons of international competition.

- ILCA 4 European Championship Cadiz 2023, 139th overall
- ILCA 4 World Championship Volos 2023, 97th overall
- ILCA 4 Campeonato de Portugal de Juniores e Absolutos 2024, 14th overall
- Campeonato Nacional de Classe Snipe 2024, 11th overall
- Portuguese Snipe Under 30 Nationals 2024, 6th general and 2nd junior
- ILCA 4 Europa Cup Portimão 2024, 15th general and 3rd woman
- Comunitat Valencia 2024 Olympic Week, 32nd general and 12th woman

Scuba diving: An avid ocean lover I enjoy scuba diving and have attained many certifications.

- Open Water Diver Certification, August 2023
- Invasive Lionfish Tracker Diver Certification, August 2023
- Advanced Open Water Diver Certification, August 2024

Trinity Piano: I have studied piano for 7 years and have achieved grade 5 in Trinity exams.

- Grade 1 - Grade 5, throughout I have obtained both merit and distinction diplomas.

Service: I volunteer at a food bank on a regular basis to help ensure food security for the local population of Oeiras.

Food Bank Alimentar, November 2021 – April 2022

Duke of Edinburgh Awards I began the Duke of Edinburgh in year 10, completing the bronze award. A profound sense of accomplishment encouraged me to continue in the pursuit of Silver and Gold.



- Bronze DofE award, September 202 – May 2022
- Silver DofE award, September 2022 – June 2023

Languages

Dutch, fluent
English, fluent
Portuguese, conversant